

Medical Help



College Doctors and Nurse

Dr Cath McDonnell, Dr Chris Hornby and Carolyn Ruhle

**College Surgery: 01865 2-79705, Staircase XV
nurse@jesus.ox.ac.uk**

College Nurse: 0th - 9th weeks: Carolyn Ruhle

MONDAY: 2.30pm - 5.30pm
TUESDAY: 2.00pm - 4.30pm
WEDNESDAY: 2.30pm - 5.00pm
THURSDAY: 9.30am - 12.00pm
FRIDAY: 9.00am - 12.00pm

Jesus College students can also visit Carolyn during her surgery times at Wadham College. These are available on the intranet:
<http://intranet.jesus.ox.ac.uk/surgery-hours.aspx>

College Doctor: 1st - 8th weeks

WEDNESDAY: Dr Cath McDonnell 3.30pm-5pm

FRIDAY: Dr Chris Hornby 10.30am-11.30am

For doctors' appointments in college, either email nurse@jesus.ox.ac.uk or write your date of birth on the sign-up sheet in the waiting room.

You can also attend the main surgery if you prefer:

172 Banbury Road, OX2 7BT

Tel: 01865 515731 www.banburyroadmc.nhs.uk

Opening hours: Monday - Friday 8.30am-6.30pm.

If you need a doctor out of hours, ring 01865 515731 and you will be connected to the doctor on call.

For emergencies ring 999

For NHS (health services) emergencies ring 111

Dentists

Studental

Oxford Brookes University,
Headington Campus, Colonnade Building, 3rd Floor,
Gipsy Lane, Oxford, OX3 0BP

Tel: 01865 689997 www.studental.co.uk

Oxford University Services

University Counselling Service

Tel: 01865 (2)70300

Email: counselling@admin.ox.ac.uk

Website: <http://www.ox.ac.uk/students/welfare/counselling>

The University Counselling Service offers assistance with a wide range of difficulties, particularly those of a more deep-seated, psychological kind. It can also offer valuable help with psychological problems related to academic work. The service is confidential, and students should make an appointment themselves. Your tutors or others cannot do this for you.

University Disability Office

Tel: 01865 2-80459

Email: disability@admin.ox.ac.uk

Website: <http://www.ox.ac.uk/students/welfare/disability>

Oxford Student Union Welfare

Email: advice@ousu.ox.ac.uk

Website: www.ousu.org

Nightline

Run by students, offers support and advice between 8pm and 8am (0th-9th weeks)

Tel: 01865 2-70270

Website: <http://users.ox.ac.uk/~nightln>

Also...

Samaritans

Email: jo@samaritans.org

Tel: 01865 722122



Jesus College
OXFORD

**WELFARE
PROVISION
Trinity 2017**

<http://intranet.jesus.ox.ac.uk/welfare.aspx>

Welfare at Jesus College

Oxford is a wonderful place, rich in opportunities to fulfil your potential. However, it is not unusual for some welfare needs to arise during a student's time at Oxford.

The College and University take seriously our role in promoting the well-being of all our students and provide a wide range of welfare support to try to ensure that time spent here is fruitful and enjoyable. Many students find that their tutor, supervisor or College advisor is a good first person to go to when in difficulty. Sometimes it is helpful to see someone who is not involved in your studies. You can see from the people opposite who is available to help.

The College operates a confidentiality policy which you can read at:

<http://www.jesus.ox.ac.uk/about/policy-documents>

Student Welfare in College is looked after by a committee which has student and staff members, the Student Welfare Consultative Committee, which reports to Governing Body. Individual students are not discussed.

If you need any advice on personal safety, you can look at the College's *Keeping Safe in Oxford* leaflet available from the Lodge.



Jesus College Staff



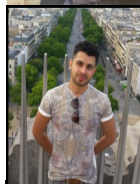
Fellow for Welfare (2-73672, Room I/2)
Dr Stephen Morris chairs the Student Welfare Consultative Committee. He holds a weekly office hour on Wednesdays in full term 12.00-1.00pm, when any student may drop by to discuss welfare provision or policy.



Acting Academic Director (2-79720, Room III/4a)
fiona.whitehouse@jesus.ox.ac.uk
Dr Fiona Whitehouse advises on all welfare concerns especially those which affect your academic studies. **Until 15 May**



Academic Director (2-79720, Room III/4a)
Dr Alexandra Lumbers advises on all welfare concerns especially those which affect your academic studies. **From 15 May**



Academic Services Manager (2-79720, Room III/6) sailesh.vyas@jesus.ox.ac.uk
Sailesh Vyas advises on academic provision for students with learning difficulties or disabilities, exam arrangements, financial matters, and general welfare issues.



Chaplain (2-79757, Room XIV/2)
megan.daffern@jesus.ox.ac.uk
Revd Dr Megan Daffern gives pastoral support to all members of the College regardless of religious affiliation.



College Counsellor (Room III/8)
counsellor@jesus.ox.ac.uk
Dr Tim Knowlson provides a confidential space to listen to your emotional concerns and issues. Sessions are by email appointment on Thursdays in full term 1.00-5.00pm.



Junior Dean (2-79683, 07590 807399, Room XI/6)
Ola Akintola is contactable in the evening and at night on matters concerning inconsiderate behaviour, illness or personal problems.

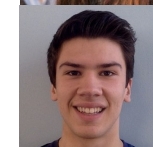


International Advisor
anna.stoll-knecht@music.ox.ac.uk
Dr Anna Stoll-Knecht is available to help students settle in, learn about local culture, or answer queries about living in the UK.

JCR



JCR Women's Welfare
Lily Russell-Jones
lily.russell-jones@jesus.ox.ac.uk



JCR Men's Welfare
Laurence Bialy
laurence.bialy@jesus.ox.ac.uk

The Welfare Reps can be contacted on any welfare issue whether course related, College related or personal. As Peer Supporters, they are trained and supervised in listening skills through the University Counselling Service. They have a range of welfare supplies to hand out, and organise events like Welfare Tea.

The whole Peer Support team is detailed on the JCR noticeboard, as is the team of First Responders, who are trained by OUSU to deal with disclosures of sexual assault. Both Peer Supporters and First Responders are good first points of call who can signpost you to other sources of support should you wish.

MCR



MCR Women's Welfare
Teresa Baron and Kathy Page
teresa.baron@jesus.ox.ac.uk
katherine.page@jesus.ox.ac.uk



MCR Men's Welfare
Chris Gausden
christopher.gausden@jesus.ox.ac.uk

The MCR Welfare Reps offer friendly support to all members of the MCR. They organise welfare events such as Sunday MCR Brunches and will be rolling out Consent Training Workshops in line with what the JCR offer.

More information on JCR and MCR Welfare is available on the intranet, <http://jcr.jesus.ox.ac.uk/> and <http://mcr.jesus.ox.ac.uk/>.